Cover Crops & Soil Health

Cover Crop Seed Mix

Add Organic Matter
Increase Infiltration of Water
Reduce Erosion
Enhance Mycorrhizal numbers
Add Nitrogen (Legume)
Decrease Nutrient Loss
Attract Beneficial Insects
Suppress Weeds
Suppress Nematodes

Cover Crop Cocktail (Biological Primer)

Sunflower 1 lb
Soybean 5 lbs
Cowpea 10 lbs
Tumeric 1 lb
Radish 2 lbs
Frisco Millet 3 lbs
Boat Millet 3 lbs
Corn 1 lb
Squash 1 lb
Canola 1 lb

Cover Crops to reduce compaction

Managing Cover Crops Profitably

Cover Crops are part of a comprehensive Soil Health Management System

Crop Classification Cool Season
Grasses
- Barley
- Rye
- Pea
- Triticale
- Pea
- Turnips

Broadleaf
- Canola
- Clovers
- Mustards

Crop Classification Warm Season
Grasses
- Corn
- Millet
- Sudan
- Sudex
- Sorghum

Broadleaf
- Alfalfa
- Soybean
- Buckwheat

Attract Beneficial Insects
Soybean, chickpea, cowpea, sunflower

Ref.: Burleigh County Conservation District, ND