Soil Your Undies Challenge

• Whether you’re on crop, range, or forestland, the quick and dirty way to test your soil health is to soil your undies!

• Send photos of your “harvest” and info sheet to your local NRCS office or orinfo@nr.cs.usda.gov

1. “Plant” a pair of new, cotton underwear horizontally about 3 inches deep in the site you’re curious about. Don’t forget to mark the spot you planted!

2. Wait at least 60 days. This gives your soil microbes time to do their magic!

3. Send us a photo and a little info about your operation to orinfo@nr.cs.usda.gov and we’ll put your undies on the map!
Eat my shorts!

- Healthy soil is full of microbes, and they’re hungry for your undies!
- Put your undies on the map!  
  bit.ly/undieschallengetracker
- More information
  bit.ly/soilundies