



# Cover Crop Table 1

Table 1: Cover Crop - Common Species and Properties

Cover Crop	Full seeding rate lbs/acre	Seeding depth, inches	Reduce erosion	Increase soil organic matter	Scavenge nutrients	Promote biological nitrogen fixation	Suppress weeds	Provide supplemental hay	Provide supplemental grazing	Rooting depth/Plant water use	Minimize/Reduce surface soil compaction	Minimize/Reduce subsoil compaction	Seed size (Large or Fine)	Crop type	Winter Survival	Salinity Tolerance	C:N Ratio	Mycorrhizal fungi association	Seeds/lb	Shade Tolerance
Alfalfa	6.5	.25 - .75	G	G	G	Y	G	G	F	DH	G	G	F	CB	Y	P	L	M	210,000	F
Barley	50	.75 - 2.0	G	G	G	N	G	G	G	MM	G	F	L	CG	N	G	M	M	14,000	F
Brassica hybrids	7	.25 - .5	F	F	G	N	G	F	G	MM	G	G	F	CB	N	G	L	N	180,000	P
Buckwheat	50	.5 - 1.5	P	P	F	N	F	P	P	SL	F	P	L	WB	N	P	L	N	19,000	G
Cabbage, African	5	.25 - .75	F	F	G	N	F	F	F	MM	G	G	F	CB	N	G	L	N	180,000	F
Camelina, Winter	3	.25 - .5	F	F	F	N	P	P	P	ML	P	F	F	CB	S	P	L	N	400,000	P
Canola	5	.25 - .75	F	F	G	N	G	F	F	MM	G	G	F	CB	S	G	L	N	140,000	F
Clover, Balansa	5	.25 - .75	F	P	F	Y	P	P	F	SL	P	P	F	CB	N	P	L	M	500,000	F
Clover, Crimson	15	.25 - .75	F	F	F	Y	P	F	F	SM	P	P	F	CB	S	P	L	M	150,000	F
Clover, Red	5	.25 - .75	G	F	F	Y	F	F	F	SL	F	F	F	CB	Y	P	L	M	275,000	G
Clover, Sweet	4	.25 - 1.0	G	G	F	Y	G	F	F	MM	G	G	F	CB	Y	F	L	M	260,000	G
Collards or Kale	5	.25 - .5	F	F	G	N	G	F	G	MM	G	G	F	CB	N	G	L	N	175,000	F
Corn	12	1 - 1.5	G	G	G	N	G	F	G	DH	G	G	L	WG	N	P	H	H	2,500	F
Cowpeas or Dry Beans	30	1 - 1.5	P	F	F	Y	P	P	F	SL	F	F	L	WB	N	P	L	M	4,000	F
Fava beans	75	1 - 1.5	F	F	F	Y	F	G	G	DM	F	F	L	CB	N	F	L	P	2,500	P
Flax	30	.25 - .75	F	F	F	N	P	P	P	SM	F	P	F	CB	N	P	H	H	80,000	P
Lentils	30	1 - 1.5	P	P	P	Y	P	P	P	SL	P	P	F	CB	N	P	L	M	20,000	P
Millet, hay	15	.5 - 1.0	G	G	G	N	G	G	G	SL	G	F	F	WG	N	P	M	H	180,000	P
Millet, proso	25	.5 - 1.0	G	G	G	N	G	G	G	SL	G	F	F	WG	N	P	M	H	80,000	P
Mustard	6	.25 - .75	F	F	F	N	G	F	P	MH	G	F	F	CB	N	P	L	N	140,000	P
Oats	70	.5 - 1.5	G	G	G	N	G	G	G	MM	G	F	L	CG	N	F	M	H	16,000	F
Peas	70	1.5 - 3.0	F	P	P	Y	F	G	G	SL	F	F	L	CB	N	P	L	M	3,500	F
Phacelia	4	.25 - .5	F	F	F	N	P	P	P	DH	F	P	F	CB	N	P	L	M	225,000	F
Radishes	8	.25 - .75	F	F	G	N	G	P	G	DH	G	G	F	CB	N	P	L	N	25,000	P
Rapeseed	5	.25 - .75	F	F	G	N	G	F	G	MM	G	G	F	CB	S	G	L	N	140,000	F
Rye, Cereal planted after Oct.1	60	.75 - 2.0	G	G	G	N	G	G	G	MH	G	G	L	CG	Y	G	H	M	18,000	G
Rye, Cereal planted on or before Oct.1	40	.75 - 2.1	G	G	G	N	G	G	G	MH	G	G	L	CG	Y	G	H	M	18,000	G
Ryegrass, Annual	15	.5 - 1.5	G	G	G	N	F	G	G	MM	G	F	F	CG	S	F	M	M	190,000	G
Safflowers	30	.5 - 1.0	F	F	G	N	F	P	P	DM	F	G	L	WB	N	F	M	M	15,000	P
Sorghum, Forage and Sudan Hybrids	15	.5 - 1.5	G	G	G	N	G	G	G	MM	G	G	L	WG	N	F	M	H	17,000	P
Sorghum, Grain	5	.5 - 1.5	G	G	G	N	G	G	G	MM	G	G	L	WG	N	F	M	H	17,000	P
Soybeans	35	1 - 1.5	F	P	F	Y	F	F	F	SM	F	F	L	WB	N	P	L	M	3,000	F
Sudangrass	20	.5 - 1.5	G	G	G	N	G	G	G	MM	G	G	L	WG	N	F	M	H	25,000	P
Sugar beets	4	.25 - .5	F	P	G	N	F	P	G	DH	G	G	F	CB	N	G	L	N	22,000	P
Sunflowers	7	.5 - 1.0	F	F	G	N	F	P	G	DM	F	G	L	WB	N	F	M	M	8,000	P
Sunn hemp	15	1.5 - 2.0	F	F	F	Y	F	P	F	DM	F	F	L	WB	N	P	L	M	15,000	P
Teff grass	5	.13 - .25	G	G	F	N	F	G	G	SM	G	F	F	WG	N	P	M	H	1M	N
Triticale	60	.5 - 1.5	G	G	G	N	G	G	G	MH	G	F	L	CG	Y	G	M	M	15,000	F
Turnips	4	.25 - .5	F	P	G	N	G	P	G	DH	G	G	F	CB	S	P	L	N	175,000	P
Vetch, Chickling	50	.5 - 1.5	F	F	F	Y	F	F	P	SL	F	F	L	CB	N	P	L	M	2,500	F
Vetch, Common	25	.5 - 1.5	F	F	F	Y	F	F	G	SM	F	F	L	CB	N	P	L	M	8,000	F
Vetch, Hairy	15	.5 - 1.5	G	F	F	Y	F	F	F	SM	G	F	L	CB	Y	P	L	M	14,000	G
Wheat, Spring	60	.5 - 1.5	G	G	G	N	G	G	G	MH	G	F	L	CG	N	G	M	M	15,000	F
Wheat, Winter	60	.75 - 2.0	G	G	G	N	G	G	G	MH	G	F	L	CG	Y	G	M	M	15,000	F

## Seeding Dates:

May 1 through August 5 – warm-season winter kill species

Early spring through August 20 – cool-season winter kill species

August 1 through Winter – species that do not winter kill

Seeding dates fluctuate annually. Seeding dates may be adjusted up to 15 days by the District Conservationist based on local weather and site conditions. Be cognizant of potential green bridge that could happen if cool-season grass cover crop species such as wheat, oats, barley, or rye are planted near commercially grown winter wheat fields.

## Key to Rating Descriptions:

### Rooting Depth/Water Use:

SL = Shallow rooted/Low water use  
 SM = Shallow rooted/Medium water use  
 SH = Shallow rooted/High water use  
 ML = Medium rooted/Low water use  
 MM = Medium rooted/Medium water use  
 MH = Medium rooted/High water use  
 DL = Deep rooted/Low water use  
 DM = Deep rooted/Medium water use  
 DH = Deep rooted/ High water use

Shallow = 6-18 inches  
 Medium = 18-24 inches  
 Deep = 24+ inches

### Ratings:

G = Good  
 F = Fair  
 P = Poor  
 L = Low  
 M = Medium  
 H = High  
 Y = Yes  
 N = No  
 S = Sporadic  
 N/A = Not Applicable

### Crop Types:

CG = Cool season grass  
 CB = Cool season broadleaf  
 WG = Warm season grass  
 WB = Warm season broadleaf

For more information on cover crops, visit the South Dakota NRCS cover crop Web page: <https://www.nrcs.usda.gov/conservation-basics/conservation-by-state/south-dakota/cover-crops-in-south-dakota>

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