



## Soil Health Principles

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## Objectives

- 1. List and explain the soil health principles
- 2. Identify and explain how conservation practices address soil health principles
- 3. Identify core soil health practices in your region





### What are General Characteristics of Cultivated Soils?

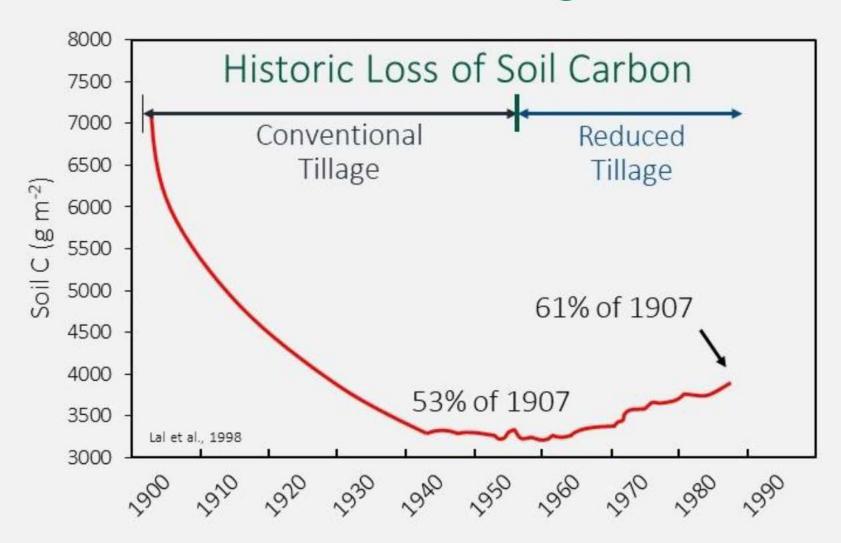
- $\downarrow$  H<sub>2</sub>O Infiltration  $\uparrow$  Summer Temps & Storage
- → Biological Activity
- → Biological Diversity
- ↓ Efficient **Nutrient Cycling**

- ↓ Contribution to Vigor
- Terosion Potential
- ↓ Aggregation

The productivity of conventional agricultural systems are maintained with increased technology, labor, fuel, nutrients, pesticides, water...



### The Challenge





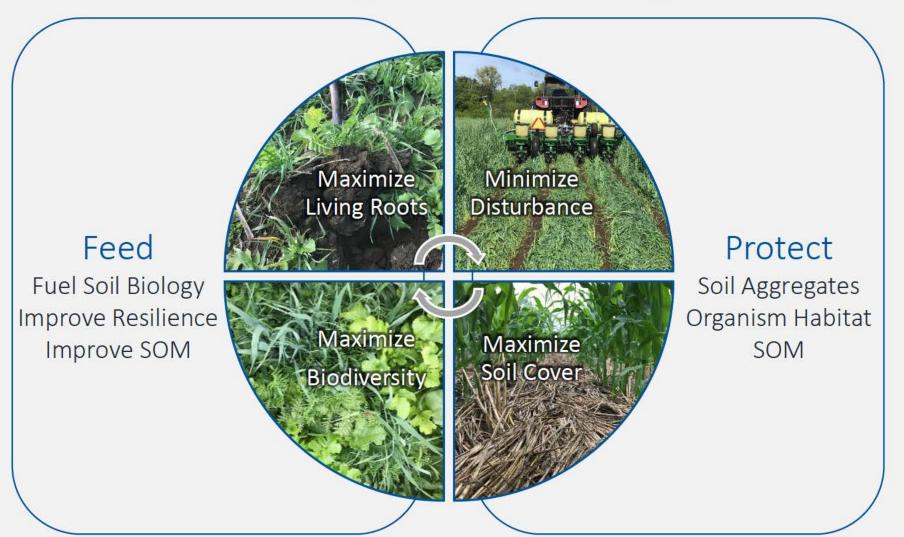
# The Principles that Conserve the Soil Ecosystem



- Minimize Disturbance
- Maximize Cover
- Maximize Biodiversity
- Maximize Continuous Living Roots



## Soil Health Principles to Support High Functioning Soils





### How Soil Health Principles Support Soil function – PROTECT





- Maintain stable aggregates
- Manage erosion
- Buffer temperature
- Reduce evaporation
- Maintain soil organic matter



### Minimize Disturbance

#### Excessive (chronic) Disturbance can:

- ↓ Habitat for soil organisms
- Destroy soil structure

#### What Types of Disturbance are Common in Agriculture?

- Physical (tillage)
- Chemical (fertilizer, pesticides, soil amendments)
- Biological (grazing, non grazing, fallow systems, monoculture community)

Dr. Don Reicosky



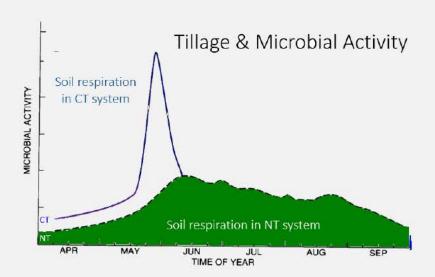


## What Practices Minimize Disturbance?



Photo: Echo -Y Farms

- Residue & Tillage Mgmt. (329/345)
- Conservation Cover (327)
- Nutrient Mgmt. (590)
- IPM (595)
- Prescribed Grazing (528)





## Why Maximize Soil Cover?

- ↓ Erosion
- ↑ Infiltration
- ↓ Evaporation
- Moderate Soil Temp

- Habitat for Soil Organisms 个
- Food for Biota ↑
- Mitigate Compaction from Machines & Livestock





## What Practices Maximize Soil Cover?

- Cover Crop (340)
- Residue & Tillage Mgmt. (329/345)
- Conservation Cover (327)
- Mulching (484)
- Controlled Traffic (334)
- Pasture Hayland Planting (512)
- Prescribed Grazing (528)



### How Soil Health Principles Support Soil Function – FEED





- Stimulate below-ground diversity
- Increase SOM
- Improve nutrient cycling
- Enhance plant growth
- Break pest cycles
- Increase predator & pollinator populations

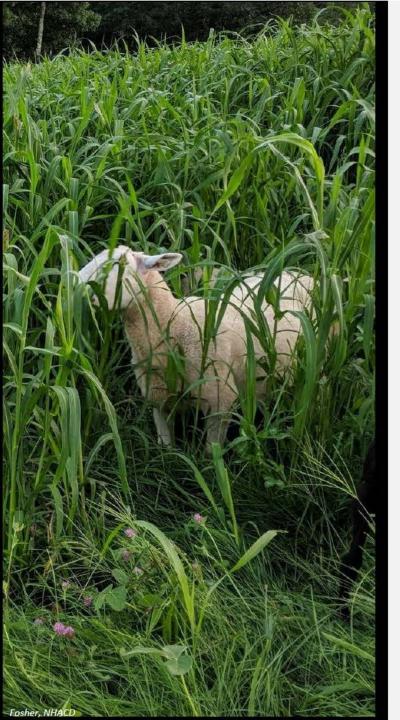


## How Do We Maximize Living Roots?

- Grow crops in the off-season
- Avoid fallow & ↓ re-cropping interval
- † time in perennial crops
- Manage rotations & forage height

#### What Practices?

- Conservation Crop Rotation (328)
- Conservation Cover (327)
- Cover Crop (340)
- Pasture Hayland Planting (512)
- Prescribed Grazing (528)



## How Do We Maximize Biodiversity?

- Grow diverse cover crops & legumes
- ↑ diversity of crop rotations
- Integrate livestock & graze cover crops
- † time in diverse perennial crops

#### What Practices?

- Conservation Crop Rotation (328)
- Conservation Cover (327)
- Cover Crop (340)
- Pasture Hayland Planting (512)
- IPM (595)
- Prescribed Grazing (528)



### Core Practice Review

Cons. Crop Rotation (328)

> Principles Addressed

- □ Disturbance
- **∡**Cover
- **✓** Diversity
- **∡**Roots



Flax / Chickpeas added to wheat rotation

Conservation Cover (327)

Principles Addressed

- **∡**Disturbance
- **∡**Cover
- **✓** Diversity
- **∡**Roots



Cover Crop (340)

Principles Addressed

- Disturbance
- **∡**Cover
- **✓** Diversity
- ✓ Roots





### Core Practice Review

Residue/Tillage Management (329, 345)

> Principles Addressed

- **☑** Disturbance
- **∡**Cover
- **✓** Diversity
- □ Roots



Mulching (484)

Principles Addressed

- **☑** Disturbance
- **∡**Cover
- **✓**Diversity
- □ Roots



Nutrient Management (590)

Principles Addressed

- **☑** Disturbance
- □ Cover
- Diversity
- □ Roots





### Core Practice Review

Prescribed Grazing (528)

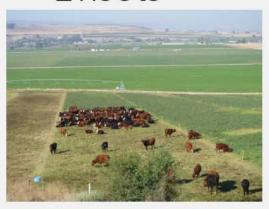
Principles Addressed

**☑** Disturbance

✓ Cover

**■** Diversity

**▼**Roots



Pasture and Hayland Planting (512)

> Principles Addressed

✓ Disturbance

**∡**Cover

**∡**Diversity

**∡**Roots



The Ohio State University

Integrated Pest Management (595)

> Principles Addressed

**∡**Disturbance

□ Cover

**✓** Diversity

□ Roots



Strips of flowering cover crops in potato field



## Discuss Practices in Your Area That Address the Principles



