



Natural Resources Conservation Service
210 Walnut Street, Room 693
Des Moines, IA 50309-2180

March 18, 2013

IOWA BULLETIN NO. IA360-13-10

SUBJECT: PER - PRE-RETIREMENT SEMINAR

PURPOSE. To announce upcoming Pre-Retirement Seminars.

EXPIRATION DATE. September 30, 2014

The Federal Executive Council of Central Iowa (FEC) is sponsoring two Pre-Retirement Seminars presented by Michael Nakishima, Chartered Federal Employee Benefits Consultant, on May 8, 2013 and May 9, 2013. The seminars will be held at the AARP, 600 East Court Avenue, Suite 100, Des Moines, Iowa. Each seminar will begin at 8:00 a.m. and conclude at approximately 4:00 p.m.

The FEC is offering two seminars. The first seminar, held on May 8, 2013, is specifically for those employees covered under the Civil Service Retirement System (CSRS). The second seminar, held on May 9, 2013, is specific for those employees covered under the Federal Employees Retirement System (FERS).

The first priority for attendance at the CSRS seminar will be given to Natural Resources Conservation Service (NRCS) federal employees within three (3) years of any of the following:

- Age 55 with 30 years of service
- Age 60 with 20 years of service
- Age 62 with 5 years of service

Participants must register in advance and space is limited for each seminar.

Employees attending a seminar who meet the above criteria will be authorized eight (8) hours of official time to attend the seminar, if May 8, 2013 or May 9, 2013 is a scheduled workday. No overtime or compensatory time is to be incurred. No government expenses are authorized in connection with attendance at this meeting. Government vehicles are not to be used for transportation.

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Helping People Help the Land

An Equal Opportunity Provider and Employer

The cost of the seminar is \$30.00 per person. The fee includes lunch. Meal choices are listed on the registration form. The deadline for registration and cancellation is April 26, 2013.

Employees who wish to attend the seminar should complete the attached registration form immediately and send it to Jeani Plautz, 210 Walnut Street, Room 317, Des Moines, Iowa 50309-2180. Please obtain your supervisor's permission to attend prior to completing the registration form.

If you have questions, you may contact the Human Resources staff at 515-284-4587.


Jay T. Mar
State Conservationist

Attachment



PRE-RETIREMENT SEMINARS For Federal Employees

Sponsored by the Federal Executive Council of Central Iowa

CSRS

FERS/Mid-Career

Wednesday

Thursday

May 8, 2013, 8:00 am to 4:00 pm

May 9, 2013, 8:00 am to 4:00 pm

Open to all Federal Employees & Spouses

Cost: ONLY \$30 per person/session

LOCATION: AARP, 600 E Court Ave, Suite 100, Des Moines, IA

This is an excellent, low-cost and time-saving training opportunity for Federal Employees--to help you understand your government retirement benefits; so that YOU WILL BE FINANCIALLY ABLE TO RETIRE WHEN YOU ARE READY!

Name: _____ **Phone:** _____

Agency: _____ **Email Address:** _____

Address: _____

Please check box for seminar and meal choice:

Seminar/Meal*	Beef Stroganoff w/salad	Cavatelli pasta w/Italian Sausage w/salad
CSRS- Wed. May 8		
FERS/Mid-Career Thur. May 9		

Please indicate your retirement plan coverage by circling it:

CSRS FERS CSRS/LEO CSRS/ATC FERS/LEO FERS/ATC

Please enclose payment of \$30.00 per person per seminar attending. Please register each person on a separate registration form.

Payment: The FEC can only accept checks payable to FEC of Central Iowa

Amount enclosed: _____

**Mailing Address: FEC c/o G. Jeani Plautz
210 Walnut St Rm 317
Des Moines, IA 50309 -2180**

Presented by: Michael Nakishima., Chartered Federal Employee Benefits Consultant

**Advance Registration is required! Seating is Limited!
Deadline for Registration & Cancellation April 26, 2013!**

Contact your Agency's Human Resource office if you have questions regarding your retirement plan coverage.