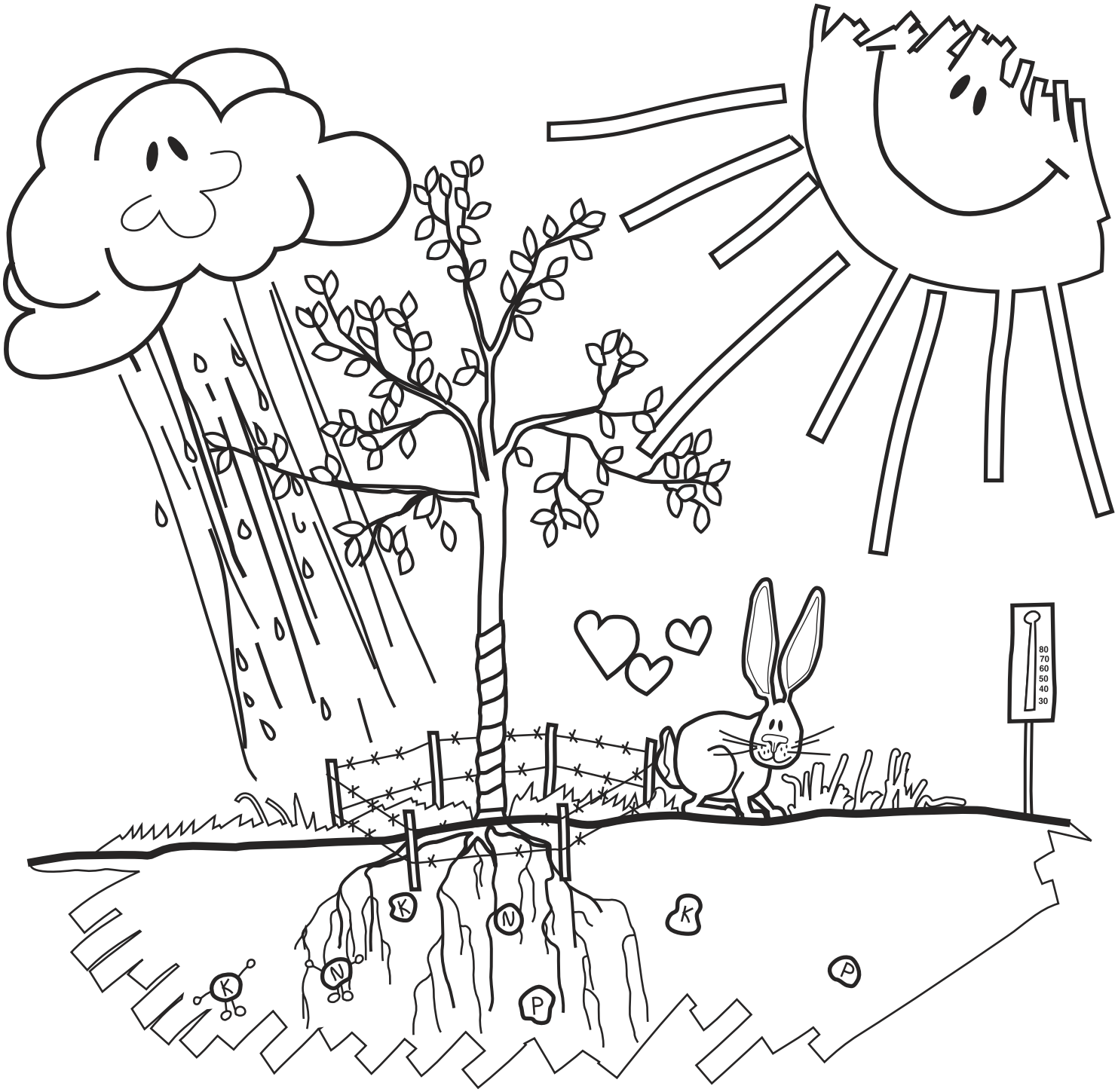What is needed to make plants grow ??