



Energy Enhancement Activity—ENR12 Use of legume cover crops as a nitrogen source

Kansas Criteria for National Energy Enhancement Activity—ENR12

Refer to Conservation Practice 340, Cover Crop, to select legume cover crops as a nitrogen source.

The following method can be used to estimate the amount of nitrogen (N) to be credited to the next crop:

To estimate yield, take cuttings from several areas in the field then dry and weigh them. Using a yardstick or metal frame, measure 2 sq ft and clip the plants at ground level within the known area. Dry them in the sun for a few consecutive days, or use an oven at about 140° F for 24 to 48 hours until they are “crunchy” dry. Use the following equation to determine per-acre yield of dry matter:

$$\text{Yield (lb.)/Acre} = \frac{\text{Total weight of dried samples (lb.)}}{\text{\# square feet you sampled}} \times \frac{43,560 \text{ sq. ft.}}{1 \text{ Acre}}$$

The following rule-of-thumb can be used to estimate total N contained within the dry matter:

Estimates of Percent N in Plant Tissue

Legumes: Non-woody

Above ground	Pre-flowering	3.5 – 4.0
	Flowering	3.0 – 3.5
Below ground	Roots	2.0 – 2.5

Legumes: Woody

Above ground	Leaves only	3.0 – 3.5
	Leaves + stems	2.0 – 3.0
Below ground	Roots	1.5 – 2.5

$$\text{Total N in cover crop in (lb/acre)} = \text{yield (lb/acre)} \times \frac{\% \text{ N}}{100}$$

Keep in mind that these are *rough estimates* to give you a quick guide for the productivity of your cover crop. To know the exact percent N in your plant tissue, you would have to send it to a lab for analysis.

To estimate the amount of N that will be available for your current crop, take the estimated total N in the cover crop times 30 to 50 percent to be used as credited N.

Select two or more plant species from the following list to design the cover crop mix:

Cover Crops 1/ 2/ Cover Crop Seeding Rates Drilled 3/

Cowpeas	50 lbs/ac
Crimson clover	17 lbs/ac
Hairy vetch	17 lbs/ac
Alsike clover	8 lbs/ac
Red clover	8 lbs/ac
White clover	6 lbs/ac
Sweetclovers	10 lbs/ac
Subterranean clover	15 lbs/ac
Woollypod vetch	20 lbs/ac
Sunn hemp	30 lbs/ac
Lespedeza	35 lbs/ac
Austrian winter pea	30 lbs/ac
Chick peas	100 lbs/ac
Mung bean	15 lbs/ac
Lentils	15 lbs/ac