



# PRE-RETIREMENT SEMINARS For Federal Employees

Sponsored by the Federal Executive Council of Central Iowa

CSRS

Wednesday

May 23, 2012, 8:00 am to 4:00 pm

FERS/Mid Career

Thursday

May 24, 2012, 8:00 am to 4:00 pm

Open to all Federal Employees & Spouses

**Cost: ONLY \$30 per person/session**

**LOCATION: Holiday Inn Airport, 6111 Fleur Dr, Des Moines**

This is an excellent, **low-cost and time-saving** training opportunity for Federal Employees--to help you understand your government retirement benefits; so that **YOU WILL BE FINANCIALLY ABLE TO RETIRE WHEN YOU ARE READY!**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Agency: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

Please check box for seminar and meal choice:

Seminar/Meal	Stuffed Pork Chop	Pecan Chicken	Fettuccine Pasta*
CSRS- Wed. May 23			
FERS/Mid Career Thurs. May 24			

Please indicate your retirement plan coverage by circling it:

CSRS   FERS   CSRS/LEO   CSRS/ATC   FERS/LEO   FERS/ATC

**Please enclose payment of \$30.00 per person per seminar attending. Please register each person on a separate registration form.**

Payment: The FEC can only accept checks payable to FEC of Central Iowa

Amount enclosed: \_\_\_\_\_

Mailing Address: FEC c/o Kristi Pirtle  
210 Walnut St Rm 317  
Des Moines, IA 50309 -2180

**Presented by: Michael Nakishima., Chartered Federal Employee Benefits Consultant**

**Advance Registration is required! Seating is Limited!  
Deadline for Registration & Cancellation May 18, 2012!**

Contact your Agency's Human Resource office if you have questions regarding your retirement plan coverage.

\* Fettuccine pasta-fettuccine pasta with grilled vegetables and mushrooms in an alfredo sauce.