

SQL02 Maine State Supplement 2012-1 **Continuous Cover Crops**

(For more information on cover crop selection, see “*Managing Cover Crops Profitably*”, pp 66-72, at <http://www.sare.org/publications/covercrops/covercrops.pdf> .)

- This requires the cover crop to be present during winter and any non-cropped periods.
- Plant in accordance with rates and dates in the NRCS Practice 328, Cover Crop Standard, as applicable.
- Must meet two or more of the Criteria listed in the Conservation Stewardship Program SQL02 Enhancement Job Sheet.

Criteria-Specific Notes by Criteria Number:

- 1) See page 67 in above reference link for the list of cover crops with the potential to reach 3,000 pounds per acre (lbs/ac) dry weight.
- 2) Nitrogen credits can be estimated using information in the Maine Supplement to CSP Enhancement ENR12.
- 3) Plant non-legume cover by Sept. 15 and credit 40 pounds of Nitrogen per acre (#N/ac) for annual ryegrass, cereal rye, wheat, or triticale.
- 4) From above reference link “Managing Cover Crops Profitably”, select species that rate **Very Good** to **Excellent** in the following two charts:
Chart 2, p 67, under the heading “Weed Fighter”
Chart 4A, p 71, under “Allelopathic” and “Choke Weeds”
- 5) Using the above reference link “Managing Cover Crops Profitably”,
From Chart 4A, p 71, select species that rate **Very Good** to **Excellent** under
“Disease”, “Attract Beneficials”, or “Nematodes”.