



HEALTHY SOILS ARE: *covered all the time.*

Newsletter article #8

Stop the splash, harvest the benefits

When a falling raindrop explodes as it hits bare soil, it dislodges unprotected soil particles, and begins the process of soil erosion. Cover crops and plant residue prevent that violent splash on soil, protecting soil aggregates from being pounded by falling raindrops.

Safe from disintegration by the hammering energy of raindrops, the structure of healthy soils remains intact, which prevents soil crusting. In this protective environment, water infiltrates the soil and becomes available to plant roots.

A mulch of crop residues or living plants on the soil surface also suppresses weeds early in the growing season, giving the primary crop a competitive advantage. This is especially the case if the cover crop is rolled prior to planting the main crop because the entire soil surface is covered and protected.

Cover crops can build moisture reserves far better than row crops can by themselves. Cover crops open pores and small channels in the soil for better water infiltration, and the organic matter they build helps retain both moisture and nutrients.

The cool, moist soil of cover crops also provides favorable habitat for many organisms that decompose residues and recycle nutrients for the next crop. Providing a good habitat for these organisms can increase residue decomposition, and improve nutrient cycling, by up to 25 percent.

To learn more about soil health, and to meet some of the farmers who are “Unlocking the Secrets in the Soil,” visit www.nrcs.usda.gov.

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