United States Department of Agriculture

CONSERVATION ENHANCEMENT ACTIVITY

E340B

CONSERVATION STEWARDSHIP PROGRAM

Intensive cover cropping to increase soil health and soil organic matter content

Conservation Practice 340: Cover Crop

APPLICABLE LAND USE: Crop (Annual & Mixed)

RESOURCE CONCERN: Soil

ENHANCEMENT LIFE SPAN: 1 Year

Enhancement Description

Implementation of cover crop mix to provide soil coverage during ALL non-crop production periods in an annual crop rotation. Cover crop shall not be harvested or burned. Planned crop rotation including cover crops and associated management activities must achieve a soil conditioning index (SCI) of zero or higher. The current NRCS wind and water erosion prediction technologies must be used to document SCI calculations.

Criteria

- Plant species, seedbed preparation, seeding rates, seeding dates, seeding depths, fertility requirements, and planting methods will be consistent with applicable local criteria and soil/site conditions **(REFER TO STATE SPECIFIC LISTS)**.
- Determine the method and timing of termination to meet the grower's objective and the current NRCS Cover Crop Termination Guidelines.
- Select species that are compatible with other components of the cropping system.
- Ensure herbicides used with crops are compatible with cover crop selections.

- Cover crops may be established between successive production crops, or companion-planted or relay-planted into production crops. Select species and planting dates that will not compete with the production crop yield or harvest.
- Do not burn cover crop residue.
- Do not harvest the cover crop.
- If the specific rhizobium bacteria for the selected legume are not present in the soil, treat the seed with the appropriate inoculum at the time of planting.
- Cover crop must provide soil coverage during all non-crop production periods to the maximum extent possible considering the cropping system, climate, and soils in the annual crop rotation. (**STATES SHALL PREPARE GUIDANCE FOR THEIR LOCAL CLIMATES AND CROPPING SYSTEMS**.)
- Minimum 3 species mix will be selected on the basis of producing higher volumes of organic material and root mass to maintain or increase soil organic matter.
- Planned crop rotation including cover crops, biomass produced, and associated management activities must achieve a management soil conditioning index (SCI) of zero or higher and result in a positive trend in the Organic Matter (OM) sub factor value over the life of the rotation.

CONSERVATION STEWARDSHIP PROGRAM

Documentation and Implementation Requirements

Participant will:

- ☐ Prior to implementation, provide NRCS with the current and planned crop rotation and field operation(s) used for each crop.

Current Management Rotation

Field	Planned Crops/Cover Crop (in sequence)	Planting Date	Harvest/Termination Date

Current Field Operations for each crop

Field	Crop	Field Operation	Timing of Field Operation (month/year)

Planned Management Rotation Including Cover Crop

Field	Planned Crops/Cover Crop (in sequence)	Planting Date	Harvest/Termination Date

Planned Field Operations for each crop

Field	Crop	Field Operation	Timing of Field Operation (month/year)

Cover Crop Mix and Seeding Rate

Species	Variety	Seed Size	Typical Seeding Depth	Seeding Rate (PLS lbs/acre)	Percent of Mix (%)

Establishment and Management Considerations:

Task	Provide information and details
Seedbed Preparation	
Seeding Date	
Seeding Depth	
Seeding Method	
Fertilizer, as needed	
Weed Management, as needed	
Termination Date (window)	
Termination Method	

☐ Prior to implementation, read and follow current NRCS Cover Crop Termination Guidelines.

- ☐ During implementation, cover crops must not be burned or harvested.
- ☐ During implementation, notify NRCS of any planned changes in crops, crop rotation, or unharvested areas to verify the planned system meets the enhancement criteria.
- ☐ After implementation, if changes to the cover crop and crop rotation were made, complete the tables above to document the applied Cover Crop for the contract period and provide to NRCS.

NRCS will:

- ☐ As needed, provide technical assistance in selecting cover crop mixes for the crop rotations or substitute species that would meet the criteria of the enhancement.
- ☐ As needed, provide additional assistance to the participant as requested.
- ☐ Prior to implementation, verify the cover crop mix has a minimum of 3 species.
- ☐ Prior to implementation, provide and explain the current NRCS Cover Crop Termination Guidelines.
- ☐ Prior to implementation, use the information provided from the participant to calculate the management Soil Conditioning Index (SCI) and Organic Matter (OM) sub factor value over the life of the rotation. Cover crop must increase SCI and OM sub factor from the current/benchmark condition and SCI value must be 0 or greater and have a positive trending OM subfactor over the life of the rotation.

  Benchmark Management SCI = _____, Benchmark Management OM sub factor = _____

  Planned Management SCI = _____, Planned Management OM sub factor = _____
- ☐ During implementation, evaluate planned adjustments in cover crop selected, timing in crop rotation, management, or field operations to verify the new system meets the enhancement criteria.
- ☐ After implementation, evaluate the applied crop rotation or management using information provided from the participant, if any variation to planned evaluation, then calculate SCI values to document that the applied rotation met the enhancement criteria.

  Applied Management SCI = _____, Applied Management OM sub factor = _____

CONSERVATION STEWARDSHIP PROGRAM

NRCS Documentation Review:

I have reviewed all required participant documentation and have determined the participant has implemented the enhancement and met all criteria and requirements.

Participant Name: _____ Contract Number: _____

Total Acres Applied: _____ Fiscal Year Completed: _____

_____ _____

NRCS Technical Adequacy Signature Date

ALABAMA – E340B Supplement- Intensive cover cropping to increase soil health and soil organic matter content

Requirements:

- Applicable where two species or less of cover crops have been planted in the past. Cover crops must be grown during all non-crop periods and shall not be harvested or grazed.
- Crops planted following the cover crop must be no-tilled or strip-tilled.
- Calculate before and after soil loss for the field. There must be a reduction in soil loss and must not exceed the soil loss tolerance level (T). SCI must be zero or higher.
- increase seeding rates by 30% if aerially applied.
- Cover crops should be planted as early as possible and terminated as late as practical for maximum biomass production. Do not terminate greater than 30 days prior to crop planting. Refer to Alabama Guide Sheet AL340A, Cover Crop Termination Timing.
- Minimum requirement is a **three species mix** that includes a small grain, legume, and brassica. Radish provides excellent early fall growth if planted timely. Ryegrass may not be used. Austrian winter pea does not germinate well unless drilled. Cover crop should be at least 24 inches tall prior to termination except prior to corn planting.
- Complete the tables on the national jobsheet for documentation. In addition, receipts, copy of seed tags, weight tickets, etc. are needed. Photographs should be taken immediately prior to termination.
- Follow planting guidelines according to NRCS Conservation Practice Standard 340-Cover Crop or plant according to the table below. Other mixes may be approved by the state agronomist.

	Minimum lbs./ac
Examples	
3 species-small grain, crimson clover, radish	40 lbs. + 10 lbs. + 3 lbs.
3 species-small grain, vetch, radish	40 lbs. + 12 lbs. + 3 lbs.
3 species-small grain, crimson clover, Turnip	40 lbs. + 10 lbs. + 1.5 lbs.
3 species-small grain, winter pea, radish	40 lbs. + 25 lbs. + 3 lbs.

*small grains- rye, wheat, oats, barley, and triticale
Legumes-crimson clover, vetch, Austrian winter pea
Brassicas-daikon radish, turnip, rape

TABLE 1. PLANTS COMMONLY USED FOR COVER CROPS IN ALABAMA

Forage Crop	Seeding Rate (lb/A)	Seeding Depth (in.)	Planting Date			Remarks
			North	Central	South	
Warm Season Annual Grasses						
Millet, Browntop, Proso, & Foxtail	Drill 20 B-Cast 30	½ - ¾	May 1–Aug 1	Apr 1-Aug 15	Apr 1-Aug15	Well drained, productive soils.
Millet, Pearl	Drill 15 B-Cast 30	½ - 1½	Apr 20-Jul 1	Apr 15-Jul 1	Apr 1-Jul 15	Adapted to clay and loam soils with good summer moisture. Avoid calcareous Black Belt soils.
Sorghum-Sudan Hybrids	Drill 25 B-Cast 35	½ - 1	May 1–Aug 1	Apr 15-Aug 1	Apr 1–Aug 15	Well drained, productive soils.
Sorghum, Forage	Rows 5 B-Cast 20	1	Apr 20-May 15	Apr 20-May 15	Apr 20-Jul 1	Well drained, productive soils.
Sudangrass	Drill 25 B-Cast 35	½ - 1	May 1-Aug 1	May 1-Aug 1	May 1-Aug 1	Light sandy to heavy clay soils.
Cool Season Annual Grasses						
Small Grains (Oats, Rye, Wheat, Barley, Triticale)	90-120	1 – 2	Sep 1–Nov 1	Sep 15–Nov 1	Sep 15-Nov 15	Rye is better adapted to well drained, sandy to loam soil and is more tolerant of soil acidity than wheat or oats; Oats are cold sensitive & subject of winter kill, especially in the northern half of Alabama; Wheat more tolerant of heavy wet soils.

Table 1. (cont.) Plants Commonly Used for Cover Crops in Alabama

Forage Crop	Seeding Rate (lb/A)	Seeding Depth (in.)	Planting Date			Remarks
			North	Central	South	
Warm Season Annual Legumes						
Lespedeza, Annual	30	¼ - ½	Feb 15-Apr 1	Feb 15-Apr 1	-	Needs good drainage; tolerant of drought; low fertility and soil acidity. Avoid lime soils of Black Belt.
Cool Season Annual Legumes						
Austrian Winter Peas	40	1-2	Sept 1-Oct 15	Sept 1-Oct	Sept 1-Oct 15	Best on well drained soils.
Caley Peas	50	½ - 1	Sep 1-Oct 15	Sep 1-Oct 15	Sep 1-Oct 15	Adapted to alkaline and moderately acid Black Belt soil. Seeds are toxic.
Clover, Arrowleaf *(see note "F" if seed is coated)*	6	0 – ½	Aug 25-Oct 1	Sep 1–Oct 15	Sep 15–Nov 1	Overseed 5 weeks later. Best on well drained soils. Avoid Black Belt soils.
Clover, Ball *(see note "F" if seed is coated)*	4	0 – ¼	Sep 1-Oct 31	Sep 1-Oct 31	Sep 1-Oct 31	Adapted to most soils. Reseeds well and tolerates wet soils and flooding.
Clover, Crimson *(see note "F" if seed is coated)*	25	0 – ½	Aug 25-Oct 1	Sep 1–Oct 15	Sep 15–Nov 1	Avoid high pH soils. Best on well drained soils. Overseed 5 weeks later.
Clover, Red *(see note "F" if seed is coated)*	Drill 8 B-Cast 15	¼ - ½	Sep 15-Nov 15 Or Feb 1-Apr 1	Sep 15-Nov 15 Or Feb 1-Apr 1	Sep 15-Nov 15 -	Fertile, well drained soils.

Table 1. (cont.) Plants Commonly Used for Cover Crops in Alabama

Forage Crop	Seeding Rate (lb/A)	Seeding Depth (in.)	Planting Date			Remarks
			North	Central	South	
Clover, Subterranean *(see note "F" if seed is coated)*	10	¼ - ½	Aug 25-Oct 1	Sep1-Oct 31	Sep1-Oct 31	Best on well drained, productive soils.
Vetch, Common *(see note "F" if seed is coated)*	35	1-2	--	Sep 1-Oct 15	Sep 15-Nov 1	Best on well drained soils. Certain varieties can freeze if planted late, especially in north Alabama. Nova II is the least cold tolerant.
Vetch, Hairy *(see note "F" if seed is coated)*	25	1-2	Sep 1 –Oct 15	Sep 1-Oct 15	Sep 15-Nov 1	Best on well drained soils.
Brassicas **Daikon radish** (Tillage radish)	5	0.25 – 0.5	Aug 30	Sept 15	Sept 20	Adapted to most soils.
Rape/Canola	5	0.25 – 0.75	Aug 15	Aug 30	Sept 15	Adapted to most soils.
Turnip/Purple top	5	0.25 – 0.75	Aug 20	Aug 30	Sept 15	Adapted to most soils.

NOTES:

A. Drill = Drilled and B-Cast = Broadcast.

B. Where legumes are seeded with grasses, use the seeding dates for the grasses.

C. Where two or more grasses are used in a mixture, reduce the seeding rate of each by about one-third. Reduce the

seeding rates of legumes by about 50% when used in the mixtures of three.

D. Seeding rates should be increased at least 30% when aerially seeded.

E. Seeding rates for a cost-share program shall be the rate specified by the program.

F. Consider the weight of the coated seed in your seeding recommendation to adjust for the proper PLS rate.

GEOGRAPHICAL AREAS FOR SPECIES ADAPTATION AND SEEDING DATES